

BLOCK LISTING SIX MONTHLY RETURN

INFORMATION PROVIDED ON THIS FORM MUST BE TYPED OR PRINTED ELECTRONICALLY.

To:
Listing Applications, Irish Stock Exchange
The FSA

Date: 6 April 2010

AVS No:					
Name of <i>applicant</i> :		Independent News & Media PLC			
Name of scheme:		Share Option Scheme 1999			
Period of return:	From:	1 October 2009	To:	31 March 2010	
Balance under scheme from previous return:		1999 1,421,819			
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return:					
Number of <i>securities</i> issued/allotted under scheme during period:					
Balance under scheme not yet issued/allotted at end of period		1,421,819			
Number and <i>class</i> of <i>securities</i> originally listed and the date of admission		Ordinary shares of €0.30 each Sept 2002 3,000,000 Nov 2004 1,000,000 Nov 2004 3,000,000 June 2005 2,000,000 June 2005 2,000,000 Nov 2006 1,000,000 Jan 2006 5,000,000 Feb 2007 2,000,000 Nov 2006 3,000,000 Apr 2007 2,000,000 Oct 2007 373,626 Oct 2007 1,000,000			
Total number of <i>securities</i> in issue at the end of the period		3,499,100,026 (excluding treasury shares)			

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SIGNED BY Andrew Donagher
Company Secretary,
for and on behalf of
Independent News & Media PLC
Name of *applicant*

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.